

# Community Social Service Agencies

## IN-SCHOOL/AFTER-SCHOOL

### **Bedford County Schools – Special Education Dept. (Shelbyville)**

- Provides services to students with a wide variety of disabilities (Learning Disabilities, ADHD, Emotionally Disturbed, Speech and Language, etc.). The range of services can vary from consultation to self-contained in a special education classroom.
- <http://www.bedfordk12tn.com/education/district/district.php?sectionid=1>

### **Institute of Learning Research (Nashville)**

- Serves children and adolescents through a day treatment program (school) as well as a separate residential treatment program.
- Metro school students who have not been able to be successful are referred to ILR's program for a more intensive, structured therapeutic educational program. Residents referred to ILR's residential program are all in the custody of Department of Children's Services (DCS), and present with many behavioral, emotional, and ecological difficulties.
- (615) 259-9499

### **Metro Public Schools-Social Work Division (Nashville)**

- The Division of Social Work is part of Itinerant Support Services in the public schools.
- Receive referrals to assist children and their families with difficulties adjusting both at home and school. Referrals come from parents, teachers, principals and other school personnel.
- Work with at-risk students and families who experience problems in their home, schools, or community that interferes with their academic success.
- <http://www.mnps.org/Page56946.aspx>

### **Metro Public Schools/Stratford STEM Magnet High School**

- Inner city high school.
- Provide counseling services to students and families presenting with problems or referred. Work with teachers, principal and staff to enhance student psychosocial functioning.
- <http://www.stratfordhs.mnps.org/site97.aspx>

## CHILDREN/ADOLESCENTS/YOUNG ADULTS/FAMILIES

### **Carey Counseling Center, Inc.**

- Provide competent, proactive and holistic mental health care services to the community, attending particularly to maximizing the independence of the SPMI (*Severely and Persistently Mentally III*) population, but also including innovative preventive and intervention services in the least restrictive setting clinically appropriate, and in a manner which will assure the greatest level of dignity and respect for the consumer.
- <http://www.bhillc.org/careyweb/www/index.htm>

### **Exchange Club: The Family Center**

- A non-profit child abuse prevention center that provides in-home therapeutic casework and counseling, parenting classes, community education programs, children's group, and supervised visits/safe exchanges in Davidson County.
- <http://www.familycentertn.org/>

### **Family and Children's Services**

- Provides services that respond to changing the needs of families and children.
- These services include: Crisis Center/2-1-1 Information & Referral Service, Mental Health Trauma Intervention, Family Service Counseling, Community-Based Counseling, Survivors of Suicide help, Connecting Kids, Davidson County Relative Caregiver Program, Family Resource Center Programs, and School-based Services.
- <http://www.fcsnashville.org/>

### **Family Empowerment Services, Inc. (Nashville)**

- Non-profit organization with a mission to improve the quality of life for the African American individual, family and community through the delivery of community based culturally specific mental health services.
- (615) 320-0670

### **Gilda's Club (Nashville)**

- Cancer support community providing social and emotional support to men, women, and children with cancer; their family members, friends and completely free of charge.
- <http://www.gildasclubnashville.org/>

### **Healing Hearts of Tennessee (McMinnville)**

- Faith-based, non-profit 501 (c) (3) organization that provides professional counseling services to children, youth, and families, as well as in-home counseling and parenting education services through the Department of Children's Services.
- Programs include: a mentoring program for at-risk youth, pregnancy care services for teens, tutoring, GED preparation, anger management classes, Alcohol/Drug abuse services, foster home recruitment and support, and Camp Heal-a-Heart, for at-risk youth ages 5-17.
- [http://www.tennhelp.com/tennHelpView?th\\_id=5907](http://www.tennhelp.com/tennHelpView?th_id=5907)

### **Heaven Sent Children (Murfreesboro)**

- Non-profit, charitable organization, licensed as a child placement agency, founded in 1991.
- Provides assistance to birth parents, adoptees, children, and adoptive families with adoption services.
- <http://thecenterforfamilydevelopment.org/HeavenSent/>

### **Hendrick Counseling Services, Inc. (Lebanon)**

- Provide counseling services for all ages from child to geriatric.
- <http://hendrickcounseling.com/>

### **Helping House, PLC**

- Outpatient mental health facility that services individual peoples, couples, families and groups from ages 5-65+.
- Focuses on the development of family financial solutions with the goal of helping clients increase their emotional stability by improving their financial circumstances.
- <http://www.helpinghousedickson.com/>

### **Hermitage Hall**

- Residential treatment facility providing sexual offender treatment services to sexual reactive and offending children and adolescents.

- Treatment services include group, individual, and family therapy services, along with psychiatric services regarding medication management and psychiatric/ psychological testing.
- <http://www.hermitagehall.com/>

#### **Metropolitan Public Defender Office, Juvenile Division (Nashville)**

- Provides legal representation for indigent persons in Davidson County.
- The Juvenile Division provides legal advocacy for children charged with an offense who are at risk of loss of liberty.
- The social worker and interns work with the attorneys as they advocate for clients involved in the Juvenile Justice System.
- <http://publicdefender.nashville.gov/portal/page/portal/publicdefender/juvenileDivision>

#### **Miriam's Promise**

- Extends the promise of hope and healing to birthparents, pregnancy clients, adoptive families and their children as they struggle with issues of grief, loss and despair.
- The heart of their mission is to ensure the well-being of children: before, during and after birth. Miriam's Promise is dedicated to healing and emotional health by providing pregnancy counseling, mentoring (the Elizabeth Project), child counseling and family counseling along with adoption services for domestic infant, international, and special needs children, support groups and post legal services.
- <http://www.miriamspromise.org/>

#### **My Friend's House (Franklin)**

- Ensures residents to receive an education, mental/physical health services, independent living and life skills in order to transition the child to his next placement or home.
- Prepare youth to become well balanced, productive members of society and provide the following programs and classes: conflict resolution, relapse prevention and recovery, family dynamics, anger management, behavior management, Sexually transmitted disease education, Job Corp, alcohol and drug group counseling, family and individual counseling, supervised visitation, community mentoring program, intensive case management, and respite career reviews.
- <http://myfriendshousetn.org/>

#### **Nashville Cares (Nashville)**

- Offers to persons living with HIV/AIDS, their families, spouses, partners and significant others, a unique combination of brokered, direct delivery and informational services designed to assist clients with access to a continuum of support throughout the progression of HIV disease.
- Services include case management, therapeutic support and practical support.
- <http://www.nashvillecares.org/>

#### **Oasis Center**

- Partners with over 3000 youth each year. Whether in teen leadership roles, school prevention groups or the emergency shelter, they work with you to help them grow, thrive and create positive change in their lives and in our community.
- <http://www.oasiscenter.org/>

## **UNIVERSITY STUDENTS**

### **Belmont University Counseling Services Office**

- Offers comprehensive professional counseling that equips students to manage life transitions as well as serious emotional issues.
- [https://my.belmont.edu/mybelmont/student\\_life/counseling/index.html](https://my.belmont.edu/mybelmont/student_life/counseling/index.html)

## **ADULTS/FAMILIES**

### **Alzheimer's Association Mid South Chapter – Middle TN Office (Nashville)**

- A nonprofit organization that promotes and provides quality education and training for the community and professionals, delivers accurate information and referrals to the community, provides family and patient support for patients, families, and caregivers, advocates for public policy and legislation that will improve supportive services for individuals with Alzheimer's disease and their caregivers, and encourages and supports research into the prevention, cause, improved diagnoses, therapy, and cure of Alzheimer's disease and related disorders.
- Core Services include Information and Referral, Care Consultation, Support Groups, Education and Safe Return. The Middle Tennessee Office also provides financial assistance to caregivers in order for them to obtain respite.
- <http://www.alz.org/altn/>

### **Behavioral Treatment Providers, LLC (Madison)**

- Utilizes behavioral management and behavioral contingency methods in the supervision of various offender groups.
- Programs include the Twelve Hour Alcohol and Other Drugs of Abuse; DUI School; John School; Domestic Violence; Anger Management, Low Intensity Outpatient Program; Underage Drinking/Criminal Impersonation; Assessments (alcohol and drug/DUI); and Brief Cognitive Interventions for both Anger Management and Shoplifting.
- All non-educational BTP treatment programming uses a Cognitive Behavioral approach called Moral Recognition Therapy
- <http://bipbtp.com/index.cfm>

### **Blue Monarch Inc. (Hillsboro)**

- Non-profit, faith based organization designed to serve the oppressed and abused women of Tennessee. They accept women, with their children, who are currently recovering from physical, emotional, and/or sexual abuse, alcohol or drug addictions, poverty, and/or severe family issues.
- <http://www.blumonarch.org/www.blumonarch.org/Welcome.html>

### **Davidson County Mental Health Court**

- A jail diversion program which allows people with mental illness and/or mental retardation to obtain treatment as opposed to jail time.
- <http://gscourt.nashville.gov/portal/page/portal/generalSessions/mentalHealthCourt/>

### **Daystar Counseling Ministries**

- Offers counseling to kids and families in the Middle Tennessee area. Daystar offers, both, individual and group counseling for children, adolescents, families, and young adults. Counseling services are provided on a sliding scale.
- <http://www.daystarcounselingministries.org/>

### **Greater Nashville Regional Council (GNRC)-Area Agency on Aging and Disability**

- Regional planning and economic development agency consisting of 13 counties and 52 cities.
- A division of GNRC is the Area Agency on Aging and Disability. The area agency provides Information and Assistance, Guardianship Services, Case Management, Medicare counseling, and Home and Community Based Service for older adults and adults with disabilities.
- Contracts with a provider network to provide homemaker, personal care, home delivered and congregate meals, respite, transportation, legal, and other services.
- <https://www.gnrc.org/agencies-programs/aaad/>

### **Park Center**

- A mental health center with three programs which complement the recovery from mental illness- case management, housing, and psychiatric rehabilitation. The goal for all members is to restore hope, and provide opportunities through education, socialization and skills training. If one chooses the goal of employment is also offered.
- <http://www.parkcenternashville.org/>

## **SENIOR CITIZENS**

### **Alive Hospice**

- Offers loving care to people with life-threatening illnesses, support to their families and service to the community in a spirit of enriching lives.
- [http://www.alivehospice.org/ah\\_start.php](http://www.alivehospice.org/ah_start.php)

### **Caris Healthcare (Murfreesboro)**

- Provides holistic care to terminally ill patients' and their families. It is provided by a professional team comprised of nurses, personal care aides, social worker, clergy, a medical doctor and trained volunteers. Utilizing a plan of care developed by the interdisciplinary team with input from the attending physician and the patient/family, individualized services are provided to assure palliative end of life care.
- <http://www.carishealthcare.com/>

### **Nashville Rehabilitation Hospital-Bridges**

- An acute in-patient geriatric psychiatric program located in a rehabilitation hospital. Treating patients usually 60 and older who are suffering from depression, mental illness, or complications of dementia. Average length of stay is usually 7-14 days depending on severity of illness.
- (615) 226-4330

## **COMMUNITY OUTREACH & EDUCATION**

### **Catholic Charities of Tennessee, Inc.**

- A faith based social service agency providing short-term material assistance, adoption services, counseling, housing, refugee and immigration services, outreach, child welfare and geriatric services and job training.
- <http://www.cctenn.org/>

### **Hands on Nashville**

- Recognized leader of programs, partnerships and services that maximize volunteer impact in the greater Nashville community.
- Offer a variety of programs and resources that empower people to make volunteering a regular part of their lives.
- [www.hon.org](http://www.hon.org)

### **Jewish Family Service**

- A 501(c)(3) private, nonprofit organization providing professional social services to all residents of Nashville and Middle Tennessee, without regarding to religious affiliation.
- Provides professional social services from Jewish perspectives which respond to and support individuals and families through life's transitions. Jewish Family Services strives to: Improve social, emotional and economic conditions, enhance personal growth, and increase opportunities for independent, productive and satisfying lives.
- <http://www.jfsnashville.org/>

### **Mental Health Association of Middle TN (Nashville)**

- Provides education, advocacy, and services for those with mental health issues and/or loved ones or providers seeking information.
- Programs include a mental health assistance center, a support program for caregivers of those with Alzheimer's disease, a TennCare mental health advocacy program, campaigns to educate and erase the stigma regarding mental health issues, and other services which change often to meet the needs of the community.
- <http://www.ichope.com/>

### **Metro Development and Housing Agency**

- A public housing authority, primarily responsible for the housing, urban and community development programs, and other related programs.
- The MDHA HOPE VI program provides public housing residents the opportunity to improve their quality of life with case management services and community support.
- <http://www.nashville-mdha.org/>

### **Metropolitan Police Department**

- Have a crisis counseling and victim advocacy program called the Victim Intervention Program.
- Provide mental health services and criminal justice advocacy to those affected by violent crimes.
- Services are free, confidential and do not depend on whether the victim is going to prosecute.
- [http://www.police.nashville.org/bureaus/chief/victim\\_intervention.asp](http://www.police.nashville.org/bureaus/chief/victim_intervention.asp)

### **Metropolitan Public Defender Office (Nashville)**

- Provides legal representation to indigent individuals who are charged with a criminal offense. This offense could be either misdemeanor or felony.
- Students will complete assessments on each client. Most of the clients will be incarcerated.
- <http://publicdefender.nashville.gov/portal/page/portal/publicdefender/home/>

### **Metropolitan Social Services**

- Committed to helping Nashville residents meet the challenges of today.
- Provide direct services to the elderly, disabled, extended family and homeless populations through their Adult and Family Support Services Program.

- Identify the needs of the community and coordinate the delivery of services to meet those needs through our planning and coordination unit.
- <http://www.nashville.gov/sservices/>

#### **National Alliance on Mental Illness (NAMI)-Tennessee**

- Grassroots, statewide, voluntary organization of people affected by mental illness dedicated to improving quality of life for all who are affected by mental illness: individuals, families and communities.
- Advocates for improved policies concerning people with mental illness at the local, state and national levels.
- <http://www.namitn.org/affiliates.htm>

#### **National Healthcare for the Homeless Council (Nashville)**

- A membership organization comprised of Organizational Members and hundreds of individuals who are organized as the HCH Clinicians' Network.
- Research public policy issues affecting health care and related issues for homeless persons; compose periodic Health Care for the Homeless Mobilizer action alerts; draft annual Public Policy Statements; provide staff services for National Consumer Advisory Board, including organizing meetings, keeping minutes and records, drafting by-laws; organize and promote voter registration activities among homeless persons nationwide; promote Homeless Persons' Memorial Day activities nationwide; draft annual Policy Statements; provide staff support to various functional committees; attend organizational meetings by conference call and in person; other duties as assigned.
- [www.nhchc.org](http://www.nhchc.org)

#### **Personal Growth and Learning Center (Cookeville)**

- Provide quality behavioral health services to residents of Cookeville in a friendly, caring and confidential environment.
- <http://www.personalgrowthandlearning.com/>

### **MEDICAL ENVIRONMENT**

#### **Baptist Hospital**

- The largest not-for-profit community hospital in Middle Tennessee. Committed to serving the greater Nashville area and surrounding communities by providing the highest quality healthcare in a caring, compassionate and faith-based environment.
- <http://baptisthospital.com/>

#### **Blanchfield Army Community Hospital (BACH)**

- EDIS provides developmental screenings and evaluates to determine eligibility for service coordination. Populations served are children birth to 36 months of age who reside on post.
- Service includes physical therapy, occupational therapy, speech language paths, early childhood education, and social work/ psychology.
- <http://www.campbell.amedd.army.mil/>

#### **Centennial Medical Center – “The Women’s Hospital or “The Tower”**

- The Women’s Hospital works primarily with a mother/baby population.
- The Tower works with a general medical population to include cardiac, oncology and orthopedic patients.
- <http://tristarcentennial.com/>

### **Centerstone**

- The nation's largest not-for-profit provider of community-based behavioral healthcare, offering a full range of mental health services, substance abuse treatment and related educational services in Indiana and Tennessee.
- <http://www.centerstone.org/>

### **Continuum Healthcare, CHC Nashville CMHC, LLC.**

- Provides mental health or dual diagnosis treatment through partial hospitalization and intensive out patient programs for adults, geriatric patients, children and adolescents.
- (615) 376-6200

### **Cumberland Heights (Nashville)**

- A treatment center for persons and their families experiencing problems with alcohol and drug abuse/addiction. Treatment is provided in both residential and outpatient settings. Medical detox, stabilization, short term and long term residential and intensive outpatient are services provided. In addition family services and aftercare services are available.
- Treatment philosophy is based on the 12 steps of Alcoholics Anonymous.
- Group, individual, didactic and experiential therapies are provided.
- <http://www.cumberlandheights.org/home.aspx>

### **DaVita Dialysis (Nashville, Gallatin, Clarksville, Cookeville)**

- The largest independent provider of dialysis service in the United States. Provides dialysis services for those diagnosed with chronic kidney failure, a condition also known as chronic kidney disease (CKD).
- <http://www.davita.com/>

### **Generations Mental Health Center (Morrison)**

- Community Mental Health Center providing outpatient psychiatric services (medication management, case management, psychotherapy) to Generations supervised housing consumers and the general public in the Warren County/Highland Rim geographic area of Tennessee.
- <http://www.generationsgaiter.com/>

### **Highlands Senior Care**

- Provide in-patient treatment to seniors (65 and above) who are in need of acute psychiatric hospitalization.
- Illnesses include, but are not limited to, major depression, dementia related disorders, anxiety, schizophrenia, and bipolar disorders.
- All patients have access to a psychiatrist, medical doctor, social worker, activity therapist and nursing services.
- <http://highlandsmedicalcenter.net/departments/senior-care-unit/>

### **Mental Health Cooperative, Inc. (Nashville)**

- A mental agency that incorporates intensive case management, psychiatric/clinic services and 24 hour emergency psychiatric services into an integrated system of care.
- Services assist children and adults who have serious mental illness to live successful and satisfying lives in the community and recover from the devastating effects of the illness.
- <http://www.mhc-tn.org/>



**Middle Tennessee Mental Health Institute (Nashville)**

- A state psychiatric hospital serving patients in the Middle Tennessee area.
- <http://tn.gov/mental/mhs/MiddleMHI.html>

**Monroe Carrell Jr. Children's Hospital at Vanderbilt (Nashville)**

- Dedicated to meeting the unique healthcare needs of children by providing primary and sub-specialty services and serving as a regional referral center. The focus of the hospital is on family centered care.
- <http://www.childrenshospital.vanderbilt.org/>

**NHC Place (Cool Springs)**

- National leader in healthcare, specializing with rehabilitation services and extended care.
- <http://www.nhcplace.com>

**TriStar Horizon Medical Center (Dickson)**

- Acute Medical Hospital with inpatient and outpatient services, Rehab center, heart center, Geriatric units (Geri Psych), weight loss center.
- <http://tristarhorizon.com/>

**TriStar Parthenon Pavilion**

- The oldest and longest full service private psychiatric hospital in the Middle Tennessee.
- Provides a full spectrum of mental health services to include assessments, treatment, discharge planning, and community response planning.
- <http://tristarparthenonpavilion.com/>