

SKILLS INVENTORY

Check the column that best describes how you would rate each skill. When finished, circle 10 skills you want to apply to a major/career.

Rate your skills	Good at and like using	Good at but don't like using	Want to develop	Not good at and don't like	Unsure
Working With People:					
Advising					
Counseling					
Helping					
Mentoring					
Coaching					
Teaching/training					
Motivating					
Supporting					
Empathizing					
Understanding					
Listening					
Arbitrating					
Resolving conflicts					
Providing customer service					
Leading					
Managing people					
Managing projects					
Decision making					
Problem solving					
Negotiating					
Persuading/Influencing					
Innovating					
Teambuilding					
Empowering others					
Results-oriented					
Assertiveness					
Creating					
Composing					
Playing instruments					
Singing					
Dancing, body movement					
Acting, performing					
Entertaining					
Designing					

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Rate your skills	Good at and like using	Good at but don't like using	Want to develop	Not good at and don't like	Unsure
Illustrating					
Drawing, sketching					
Painting					
Sculpting					
Photography					
Interior decorating					
Culinary skill					
Landscaping					
Floral design					
Creative writing					
Appreciating aesthetics					
Imagining					
Inventing					
Expressive					
Communicating					
Technical writing					
Business writing					
Editing					
Summarizing ideas					
Informing					
Persuading					
Foreign language skills					
Translating					
Public speaking					
Interpersonal communication					
Articulating ideas					
Debating					
Working with Data and Ideas					
Researching					
Recording keeping					
Analyzing					
Observing					
Evaluating					
Comparing					
Integrating					
Investigating					
Abstract thinking					
Calculating					
Working with numbers					
Budgeting					
Investment planning					

